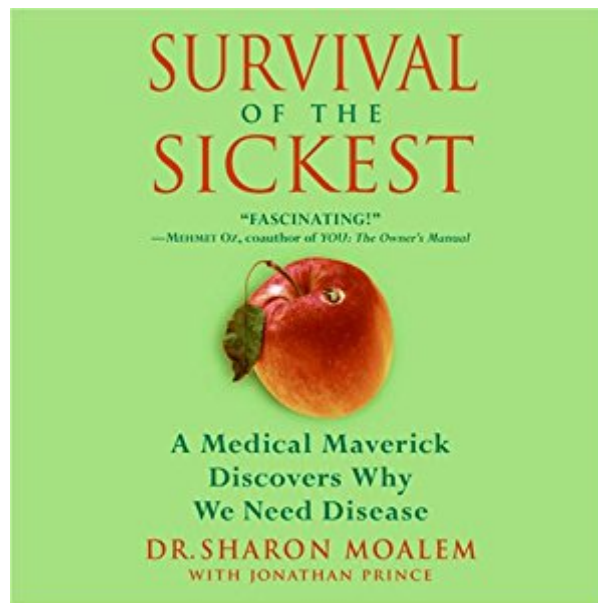




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# **Survival Of The Sickest: A Medical Maverick Discovers Why We Need Disease**



## Synopsis

How did a deadly genetic disease help our ancestors survive the bubonic plagues of Europe? Was diabetes evolution's response to the last Ice Age? Will a visit to the tanning salon help bring down your cholesterol? Why do we age? Why are some people immune to HIV? Can your genes be turned on or off? Survival of the Sickest reveals the answers to these and many other questions as it unravels the amazing connections between evolution, disease, and human health today. Joining the ranks of modern myth busters, Dr. Sharon Moalem turns our current understanding of illness on its head and challenges us to fundamentally change the way we think about our bodies, our health, and our relationship to just about every other living thing on earth, from plants and animals to insects and bacteria. Survival of the Sickest is filled with fascinating insights and cutting-edge research, presented in a way that is both accessible and utterly absorbing. This is a book about the interconnectedness of all life on earth and, especially, what that means for us. Read it. You're already living it. Read by Eric Conger --This text refers to the Paperback edition.

## Book Information

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## Customer Reviews

This book is probably one of the most significant books I have ever read. Sharon makes it for even Layman to understand the complex world of evolution and our role in the grand scheme of things. Many obscure things make sense after reading this great work. Thank you so much for writing something so great!

I love how my brain go through this journey while going through this book. how the author is like a tourist guide, guiding the reader along the way, connecting all the dots, leading to some really interesting perspective. I would recommend this book to my friends

This is going into my list of favorite books. Sharon does an amazing job of cutting through eons of science narratives to give practical insight into what "we" really are the why behind our evolution. Read this book along with "Human: The Science Behind What Makes Us Unique" by Brian Gazzaniga and "The Selfish Gene" by Richard Dawkins and you'll see more doors of curiosity open up in your own biology than you may be prepared for. I highly recommend this book to anyone who appreciates good scientific research and theory.

Such a cool book. Makes you think about evolution and survival and how things we think of negatively, because they are now, may have affected us in a positive way to aid in survival in the past. Fascinating.

Great great great read. I am a future PA student and I found this interesting to read before school starts. If you love medicine and history and actually have a decent vocab extent this is for you. Written well and kept me focused and wanting to read chapter after chapter.

Recommend for sex education before puberty. Why? In the light of modern technological techniques of planned parenting and ability to log the nuances of both parents DNA, a new consideration in the education system highlight the workings on the history of genetics and its shaping by environmental selection before reaching reproductive age. 4 instead of 5 stars for the work I had to do to check a few things such as genetic material in red blood cells and fingernails. As outrageous as it seemed to me, some local breast cancer researchers confirm that modern techniques can find extremely small amounts of DNA and if caught at the right time even red blood cells MIGHT contain DNA. Moalem did not make the nuances of this in his writings. Particular kudos goes to him, IMO, for getting to epigenetics relationship to jumping genes. Pretty complex areas he covers for this coal miner, but I do have a problem with his reasoning for selecting of genetic tendencies to diabetes. Readers can make up their own minds.

A great read. The DNA, RNA and protein sequences were old hat by the 70s. This book is well-written and should be read by all with a science background. He is a great writer. I could not put

it down until it was completed. Then I went back to do a quick re-read in a couple of areas. Kudos JJ Dorman, MD

A thoughtful viewpoint, thought provoking.

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